

Your rights don't disappear online

Name: _____

Class: _____

1. Warm up

One right I have offline is...

Online, that right could look like...

2. Respects rights, crosses a line, or serious harm?

Dignity. Consent. Privacy. Voice. Support. Rights don't disappear online.

Respects rights

Dignity, consent, privacy, support or voice.

- Asking before posting
- Keeping passwords private
- "You deserve help"
- Reporting harm
- Listening to young people
- Saying no, or changing your mind

Crosses a line

It ignores someone's rights.

- Demanding passwords
- Constant location tracking
- Posting screenshots of private chats
- Sharing photos without asking
- "You brought it on yourself"
- Reading someone's messages

Serious harm

Save, report and get help now.

- Humiliating posts about someone
- Threats
- Hateful targeting
- Sexual exploitation
- Intimate images shared
- Being followed or stalked

Quick check: tick the zone for each situation

Situation	Respects	Crosses	Harm
Posting a classmate's photo with mocking comments	☐	☐	☐
"If you trust me, give me your password."	☐	☐	☐
Asking "Can I post this?" before sharing a photo	☐	☐	☐
Screenshotting a private chat and posting it in a group	☐	☐	☐
Saying "Someone crossed a line. You deserve help."	☐	☐	☐
Threats to hurt someone, sent in DMs	☐	☐	☐

Scenario discussion

Answer these with your group for each card you receive.

Card number: _____ ☐ Respects ☐ Crosses ☐ Harm

Which right is involved?

Who is crossing a line, and how?

What could the person say or do next?

Who could help?

Card number: _____ ☐ Respects ☐ Crosses ☐ Harm

Which right is involved?

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Card number: _____ ☐ Respects ☐ Crosses ☐ Harm

Which right is involved?

Who is crossing a line, and how?

What could the person say or do next?

Who could help?

Rights in action

Card number: _____

What the character could say to themselves instead of blaming themselves

Their next step

I know that... (tick what you feel sure about)

- ☐ I can keep my passwords private.
- ☐ I don't owe anyone constant location tracking.
- ☐ Agreeing to send something isn't agreeing to it being shared.
- ☐ I can say no, and I can change my mind.
- ☐ I deserve help even if I made a mistake.
- ☐ My voice matters in decisions about online safety.

The rights next steps

1 Save the details

Account, post link, date and time.

2 Report it

Use the app's report tools.

3 Tell someone

A trusted adult or friend.

4 Ask about options

Removal, support, and what happens next.

Exit ticket

One right I have online is...

If someone shares my photo without asking, I can...

Instead of "I was stupid," I could say...

Being targeted, or worried about someone? Talk to your school counselor or a trusted adult. The National Lifeline 1564 (24/7), LARA: laraa@laraa.org, or 112 if someone is in danger.