

Sextortion: don't pay, don't send more

Name: _____

Class: _____

1. Warm up

When I panicked about something, panic made me want to...

What actually helped was...

2. Safe move, warning sign, or act now?

Stop. Don't pay. Save. Tell. Report. It is never too late to stop.

Safe move
Breaking the panic cycle.

- Not paying
- Not sending more
- Saving the threat, not the image
- Stopping contact
- Telling an adult now
- Reporting the account

Warning sign
Slow down before it starts.

- A new profile that seems to know you
- Very fast flirting
- Pushing to go on camera
- Moving to a private app
- "Just us, right now"
- Pressure not to tell anyone

Act now
Stop, save, tell and report.

- "Pay me or I share it"
- A countdown or deadline
- "I hacked you"
- Demands for more content
- A fake or AI image threat
- More demands after paying

Quick check: tick the zone for each situation

Situation	Safe move	Warning	Act now
A new follower knows your school and starts flirting fast	☐	☐	☐
"Pay \$200 in one hour or everyone sees it."	☐	☐	☐
Saving the threat message and the username	☐	☐	☐
Someone you just met pushes to switch to video right now	☐	☐	☐
"I hacked you. I know your password."	☐	☐	☐
Telling a trusted adult before the deadline	☐	☐	☐

Scenario discussion

Answer these with your group for each card you receive.

Card number: _____ ☐ Safe move ☐ Warning sign ☐ Act now

What is the blackmailer trying to make them feel or do?

What should they save?

What is the safest next move?

Who could help?

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Who could help?

Make an exit plan

Card number: _____

The first thing I would do

Who I would tell, and how I would report

If this happened, I would... (tick what you feel sure about)

- ☐ I would not pay or send more.
- ☐ I would save the threat, not the image.
- ☐ I would stop replying once I'd saved it.
- ☐ I would tell an adult before any deadline.
- ☐ I would report the account.
- ☐ I know it's never too late to stop.

The exit plan

1 Stop & don't pay

Stop contact. Don't pay and don't send more.

2 Save the threat

Messages, username, date, time, payment demand. Not the image.

3 Tell someone now

Before the deadline:
"Someone is threatening me. I need help."

4 Report

The platform, the police (112), and Take It Down if under 18.

Exit ticket

One warning sign I can now recognize is...

Paying makes things worse because...

If this happened to me or a friend, I would tell...

Need to talk? Your school counselor, the National Lifeline 1564 (24/7), LARA: laraa@laraa.org, or 112 to report a threat. Take It Down (takeitdown.ncmec.org) helps limit sharing of images taken before 18.