



CARD 1 · FRIENDSHIP

The hug

Maya opens her arms and asks Karim, "Want a hug?" Karim says, "Not right now." Maya smiles: "No worries. Thanks for telling me."

TALK ABOUT IT

- Respect, pressure, or not consent?
- How might each person feel?
- What could they say or do?
- Who could they ask for help?

☐ Respect ☐ Pressure ☐ Not consent



CARD 2 · FRIENDSHIP

The photo

Karim asks, "Can I post this photo of us?" Maya answers, "Please don't post that one." Karim says, "Okay. I'll delete it," and does.

TALK ABOUT IT

- Respect, pressure, or not consent?
- How might each person feel?
- What could they say or do?
- Who could they ask for help?

☐ Respect ☐ Pressure ☐ Not consent



CARD 3 · DATING

If you cared

Jad asks Nour to come to a party tonight. She says, "Not tonight. I'm really tired." Jad answers, "Come on. If you cared, you would."

TALK ABOUT IT

- Respect, pressure, or not consent?
- How might each person feel?
- What could they say or do?
- Who could they ask for help?

☐ Respect ☐ Pressure ☐ Not consent



CARD 4 · DATING

Changed my mind

Nour agrees to film a dance video with Jad. Halfway through, she says, "Actually, I don't want to do this anymore." Jad lowers the phone: "Got it. We can stop."

TALK ABOUT IT

- Respect, pressure, or not consent?
- How might each person feel?
- What could they say or do?
- Who could they ask for help?

☐ Respect ☐ Pressure ☐ Not consent



CARD 5 · CLASSMATES

The screenshot

Sara sends Karim a private message about a crush. He screenshots it and posts it in the class group chat “because it’s funny.”

TALK ABOUT IT

- Respect, pressure, or not consent?
- How might each person feel?
- What could they say or do?
- Who could they ask for help?

☐ Respect ☐ Pressure ☐ Not consent



CARD 6 · FAMILY

Not that topic

At every family lunch, Ziad’s aunt asks about his weight in front of everyone. He says, “I don’t want to talk about that.” She laughs and keeps going.

TALK ABOUT IT

- Respect, pressure, or not consent?
- How might each person feel?
- What could they say or do?
- Who could they ask for help?

☐ Respect ☐ Pressure ☐ Not consent



CARD 7 · ONLINE

Asking again and again

Omar keeps asking Lina for a photo. She says no. He asks again every night: “Everyone does it. Why are you making this such a big deal?”

TALK ABOUT IT

- Respect, pressure, or not consent?
- How might each person feel?
- What could they say or do?
- Who could they ask for help?

☐ Respect ☐ Pressure ☐ Not consent



CARD 8 · FRIENDSHIP

They didn’t stop me

At a sleepover, Rami reads Hadi’s private messages while Hadi is asleep. Later he says, “You didn’t tell me not to.”

TALK ABOUT IT

- Respect, pressure, or not consent?
- How might each person feel?
- What could they say or do?
- Who could they ask for help?

☐ Respect ☐ Pressure ☐ Not consent